



Dinner Tonight!

Chocolate Drizzled Frozen Grapes

1 cup seedless grapes
1 tablespoon semisweet chocolate chips
1 teaspoon fat-free milk
1/2 teaspoon powdered sugar

Wash grapes and remove stems. Dry completely with paper towels. Place in a single layer on a baking sheet. Freeze 2 hours or up to 48 hours. About 5 minutes before serving, place chocolate chips and milk in small microwavable cup. Microwave on high 20 seconds; stir until chocolate is melted. Microwave additional 10 seconds if necessary or until chocolate is melted and smooth.

Remove grapes from freezer; divide evenly between 2 dessert dishes. Sprinkle grapes with powdered sugar using spoon. Drizzle melted chocolate over grapes. Serve immediately.

Preparation Time: 10 minutes

Cook Time: 0

Serves: 2

Nutrition facts per serving:

Calories: 81

Total Fat: 2 g

Cholesterol: 0 mg

Sodium: 3 mg

Total Carbohydrate: 18 g

Protein: 1 g